If OSHA Comes A-Knockin’
Is YOUR Facility Rocking?

Make plans now to join members and guests of the Facility Manager Association of New Mexico on Wednesday morning, February 20th, at 7:15 am at Garduno’s Uptown Restaurant in Albuquerque, NM, to hear important information about pre-planning for the Occupation Safety and Health Administration inspector’s surprise visit to YOUR facility.

Laure Dreher has worked for New Mexico OSHA the past 9 years as an Industrial Hygienist and Health Compliance Officer. A graduate of California State University, much of her time with New Mexico OSHA has been spent in intense training on various hazards and topics for both health and safety. She is pursuing her Certified Safety and Health Official certificate for both general industry and for construction. In addition, Ms. Dreher is working towards her master’s degree in public health.

What if your facility receives a complaint that has been forwarded to OSHA? What about an unannounced visit? What written programs are required and requested at the time of inspection? What is a typical inspection is like and what should you expect?

First-time facility managers ALWAYS attend for free but reservations are required. Email carolee@fmamn.com (preferred) to attend, or call 505-331-2477 to be included. Cost for the meeting is $30.00 for members and $35.00 for non-members.

Drug Use in the Workplace Affects Everyone

Facility Manager Association of New Mexico members and their guests gathered in January to become educated on how over-the-counter and prescription drugs affect everyone in the workplace. Speaker Dr. Megan Thompson is the Director of Experiential Education and Associate Professor of Pharmacy Practice at the University of New Mexico College of Pharmacy. As Dr. Thompson has worked for the College of Pharmacy since December 2003 after practicing in a retail pharmacy setting for 2½ years, her broad base experience gave her an expert, objective perspective on this important topic.

In addition to her administrative duties, Dr. Thompson had recently received a national award for a grant from the Cardinal Health Foundation to develop materials for and to educate the New Mexico community on preventing the misuse and abuse of prescription medication. The award, entitled “Generation Rx Award of Excellence”, is given annually to recognize a pharmacist who has demonstrated a commitment to the mission of substance abuse education.

Dr. Thompson has also served as the Associate Dean of Students and Chair of the College of Pharmacy Admissions Committee during her time at the College. In the classroom, Dr. Thompson teaches first and second pharmacy students in the area of Self-Care Therapeutics (the Over-the-Counter, Alternative and Herbal medicines course), the required professionalism course for all pharmacy students and teaches two pharmacy elective courses.

Dr. Thompson discussed how over-the-counter, prescription, and illegal drugs can affect the workplace. She also described common side effects of the medicines we take every day,
Executive Director - Carolee Griffin

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Bigger Better Faster Stronger

The idea of “continuous improvement” is a concept which permeates every successful organization. The Facility Manager Association of New Mexico is no different. As a means of review for our newer members and a refresher for the more established ones, here is what YOU can do to make this organization bigger, better, more relevant, and ultimately stronger.

Facility engineers and facility managers are the heart of this organization. Without them, we are the Facility Supplier Association. Continuous recruitment of facility managers and engineers is necessary to perpetuate and validate the organization. In my “real world” job as outside sales professional whose customers are facility managers and engineers, I always take minute to invite these folks to our meetings.

In a selfish way, this act strengthens my relationships with them, but in the bigger picture, I am offering them an opportunity for PROFESSIONAL DEVELOPMENT, a very important aspect of being an outstanding employee on their current job and an opportunity to share information and resources with their peers. Then, there is the idea that nothing lasts forever (especially in the current economy) and that occasionally putting your head up, outside your own building, to see what else is going on, can be a very valuable proactive action, just in case you might need a connection for another job.

The key to the growth of this organization is the idea that YOU, dear fellow supplier, invite all the facility managers and engineers that you work with to attend one of our meetings, AS YOUR GUEST. I will buy them their meal and you will have given them an opportunity to see what is going on with other folks who “do what they do”. Just let me know who is coming and I will plan to graciously accommodate your guest.

It takes everyone’s efforts to make this organization grow and prosper. (I know almost everyone but there may be someone I have missed!) Be sure that you are doing YOUR part.

FMANM Vision Statement: Establish and implement an organization to promote education, information, solutions and opportunities associated with the operations, maintenance, and sustainability of facilities.

Upcoming Events Calendar 2013

Wednesday, February 20th
7:15 am, Garduno’s Uptown
What to Expect When OSHA Comes a-Knockin’

Wednesday, March 20th
7:15 am, Garduno’s Uptown
Threat Planning Protocols for Your Facility

Wednesday, April 17th
7:15 am, Garduno’s Uptown
TBD

FMANM 2013 Membership List

ABM Janitorial Services • Access Technologies • Ace Asphalt Advantage Security • Albuquerque Public Schools/Operations Dept
American Leak Detection of NM • Amerind Risk Management Corp.
Armour Pavement • Ashcraft Mechanical • B & D Industries
Baptist Convention of NM • Bath Engineering Corporation
Beaudin Ganze Consulting Engineers
Blue Cross Blue Shield of NM • Bob’s Painting
Boyd Engineering Supply • Brian McPartion Roofing LLC
Britton Construction • Business Environments • Carnes & Company
Carrier • CB Richard Ellis • CentiMark Roofing • CH2M Hill
Chaparral Materials • ChemSearch
City of Albuquerque/Aviation Dept
CNM/ School of Applied Technologies • Construction Reporter
Coronado Center • Coronado Paint & Decorating Inc.
Crenshaw Consulting Group • Dion’s Pizza Construction
D.R.B. Electric • Edward Mindlin Co.
Employmore/Staffing Solutions • Energy Control Inc.
Enernoc • Everguard Roofing & Solar
Engineered Equipment Sales & Testing • Engineering Economics Inc.
eKore • Facility One • Furniture Medic by Respoke Restoration
Gary Stevens LLC • Greater Albuquerque Habitat for Humanity
Greer Enterprises • Heel Inc. • Honeywell DAS • IEC Electronics
Improve Group • Industrial Water Engineering • Innovative Moving Systems
Insight Construction • Institute of American Indian Arts
Integrated Control Systems • Jan-Pro of NM, Inc.
Johnson Controls • Jones Lang LaSalle • Just Sprinklers
Kinetic Improvement • Klinger Construction
Kone Elevator and Escalator • La Vida Llena
Route 66 Casino/Laguna Development Corporation
Laun-Dry Supply Company • Lovelace Respiratory Research Institute
Maintenance Service Systems • Matheson-TriGas Inc.
Mesa Detection Agency • Mesa Equipment • Mike’s Quality Painting
Miller Bonded • Mountain Vector • Moving Solutions • MSR-FSR
National Roofing • State of NM/Building Services Division
New Mexico Educators Federal Credit Union • New Mexico Gas Co.
New Water Inovations • Noribachi • Orkin Pest Control
OSO Bio PharmaSolutions • Overhead Door Co.
Paul Davis Restoration and Remodeling
PNM • Prime Therapeutics Inc. • Professional Business Systems, Inc.
Progressive Services • Protection One • QMI New Mexico
Quail Run Association • R.E. Michel Company, Inc. • RoolCare
Royal Electric Co. • Sandia Resort & Casino
Sandoval County Public Works • Sealant Specialists, Inc.
Security Hardware Solutions • ServiceMaster Performance
Servcon Inc. • ServPro of Rio Rancho/Sandoval County
Sherwin-Williams Paint Co. • Simard Electric Services LLC
SMG/Albuquerque Convention Center • SMI Facility Services
Southwest Door Services • Southwest Infrared Services Inc.
Sparkle Maintenance Inc. • Star Paving Company
State Bar of New Mexico
State of NM/Building Services Division
Steamatic of Albuquerque and Santa Fe
Stewart and Stevenson • Sunland Asphalt
SW Asset Management • The Groundskeeper
The Johnston Company Inc. • ThyssenKrupp Elevator
TP Pump • Transcore • Tremco • Travers Mechanical Services
Trinity Solutions Group • Tux Window Cleaning Ltd.
University of New Mexico Hospital • Upland Corporation
Voss Lighting • Western States Fire Protection
Williamson Restoration • Windsor Door Sales
Wisco Supply • WM Carroll LLC
Yearout Mechanical Service, LLC • Zia Rising Management
New Members:
Sandia Laboratory Federal Credit Union • Workspace Dynamis

Special thanks to our Corporate Members in bold
Drug Use in the Workplace continued

in addition to discussing how to identify signs of misuse and abuse of prescription medications. She touched on the latest illegal “designer drugs” (spice, bath salts, etc.), how they work, what they do and if they can be detected in routine urine drug tests. Her views on the use of medical marijuana and how employers must deal with its presence if an employee is drug tested drew spirited discussion from the audience.

A link to Dr. Thompson’s entire, highly detailed presentation is posted online at www.fmanm.com for those who desire a more in-depth synopsis of her topic.
Drug Use in the Workplace continued
Drug Use in the Workplace continued

Pre-planning for an OSHA Inspector’s Surprise Visit to YOUR Facility
Wednesday, February 20th

Make reservations now to join the Facility Manager Association of New Mexico to hear important information about OSHA visits and what records are needed. You must rsvp by 5 pm on Monday, February 18th, to be included. Please rsvp to carolee@fmanm.com (preferred) or by calling 505-331-2477.

When: Wednesday, February 20th, 2013, at 7:15 a.m.
(Arrive early for coffee and connections)

Where: Garduno’s Uptown
2100 Louisiana Boulevard NE
Albuquerque, NM (505) 880-0055

Cost: $30 to Members
$35 to Non-Members

Join us for a Southwestern style breakfast buffet!